



Arleen Spenceley: Arleen graduated from the University of South Florida in 2007 with a bachelor of arts degree in journalism, and in 2013 with a master of arts degree in rehabilitation and mental health counseling from the same university. She first wrote professionally in high school, as a correspondent for the Tampa Bay Times, and joined the Times as a staff writer during college. Her work has also appeared in the Chicago Sun-Times, the Austin-American Statesman, the Journal Gazette, and numerous publications across the country. Spenceley blogs at arleenspenceley.com about love, relationships, and sex, and about the impact of American culture on Christianity, from a Roman Catholic perspective. She's a dynamic and relatable speaker who'll challenge and inspire you.

As sent to one of our DCCW members:

A few links to my favorite old blog posts:

- **Why I don't date men who are 'willing' to save sex for marriage:** <http://arleenspenceley.com/willing-to-save-sex/>
- **The most important thing to do while you're single (as well as while you're not!):** <http://arleenspenceley.com/the-most-important-thing-to-do-while-youre-single/>
- **A truth to consider when your life alarms you:** <http://arleenspenceley.com/a-truth/>

As a member of my email list, you'll receive each blog post I write, via email (up to two per week). Your first post should show up Wednesday.

Pray for me, and I for you!

Thanks again,

-Arleen